

Activity Worksheet | Video Notes 1

Job Title:

Industry:

Education:

Skills:

How to Prepare?

Daily Tasks:

Like Dislike

Rewards:

Like Dislike

Challenges:

Like Dislike

Lifestyle:

Like Dislike

Related Majors/Careers:

Good Fit for You? Yes No

Explain:

Activity Worksheet | Video Notes 2

Job Title:

Industry:

Education:

Skills:

How to Prepare?

Daily Tasks:

Like Dislike

Rewards:

Like Dislike

Challenges:

Like Dislike

Lifestyle:

Like Dislike

Related Majors/Careers:

Good Fit for You? Yes No

Explain:

Activity Worksheet | Video Notes 3

Job Title:

Industry:

Education:

Skills:

How to Prepare?

Daily Tasks:

Like Dislike

Rewards:

Like Dislike

Challenges:

Like Dislike

Lifestyle:

Like Dislike

Related Majors/Careers:

Good Fit for You? Yes No
Explain:

Review Your Findings

LEAST FAVORITE CAREERS	WHY?

FAVORITE CAREERS	SUPPORTING MAJORS

Next Steps

Meet with Career Services or Academic Advising to review your plans to further explore your interests. What additional information do you need? What are your plans for next year? Make notes below.